

EAST RIDING PARISH NEWS

Keeping you up-to-date with news about your area

June 2013



Grant distributed to worthy causes

The council has distributed grants of almost a quarter of a million pounds to a wide range of projects in the area, using a Performance Reward Grant of £200,000 by the Government in 2012 to recognise its performance in meeting Government targets. The council's business outsourcing provider, arvato, contributed an additional £50,000 to the Performance Reward Grant, bringing the total available up to £250,000.

The council decided to use the money to fund small, community-based projects to help town and parish councils carry out work in their local areas, putting localism into action. All 168 town and parish councils in the East Riding were able to apply for up to £3,000. This could be for a single project, a number of smaller projects, or as a contribution to a larger community effort, where a number of parish councils work closely together.

Grants were awarded to expand the support services that town and parish councils provide in their area. This included a range of activities, such as upgrades to play areas and community buildings; environmental projects; additional refuse and dog fouling bins; and updating emergency and severe weather equipment for snow clearing and gritting to help local communities cope with extreme weather conditions.

A total of 81 applications were made for Severe Weather Grants in 2011-12. A further 129 applications for the 2012-13 Local Grant Fund were submitted to the grant panel, which consists of a representative from arvato; Councillor Jackie Cracknell, the council's portfolio holder for community involvement and performance; and the council's head of economic development. They gave priority to town and parish councils whose application demonstrated a link with the local authority's Community Plan and where they have severe weather and emergency plans in place.

Details of the arrangements for the 2013-14 Local Grant Fund of £200,000 are being discussed, and we will send details to you in June. We expect that the Grant Panel will meet for the first time in September.

Community Partnerships

The dates of the next meetings are:

Beverley and Rural area
Wednesday, 17 July at 2pm
– Woodmansey Village Hall

Bridlington and Driffield area
Tuesday, 11 June at 12 noon
– Brandesburton Parish Hall

Goole and Howdenshire area
Wednesday, 10 July at 10am
– North Cave Village Hall

Haltemprice and Hunsley area
Friday, 12 July at 10am –
Hessle Town Hall

Holderness area
Monday, 10 June at 10am –
Skirlaugh Village Hall

Market Weighton and Pocklington area
Thursday, 13 June at 2pm –
Training Centre, HMP Full Sutton

You can see agendas and notes of previous meetings at www.eastriding.gov.uk

From the Home Page, type "**Community Partnership**" in the **Search** box, and then choose from the results page.



EAST RIDING
OF YORKSHIRE COUNCIL

Have a safe summer

Humberside Police will patrol the East Riding throughout the summer months, paying particular attention to serious and violent crime. The East Riding is a very safe place to live - one of the safest in the country - but the police can't be everywhere all the time.

They are reminding residents to make sure they lock their doors and windows, even when they are at home. You may think that locking the doors while you are in is a 'bit over the top'. But the police have many reports of people being inside their home when someone has entered the property through an unlocked door or window and taken items. Often they leave without the occupier even noticing they have been burgled.

The police also ask you to be alert to distraction burglary, where someone keeps you talking at your front door while a second person enters your house via the back door and takes your hard-earned possessions. If you are unsure of who is at your door, do not answer it.

Please also make sure your vehicles are secure when you leave them. The East Riding coast is lovely to go for the day but do not let vehicle crime ruin your day out. Make sure all doors and windows are locked and do not leave any valuables on show or in your glove box.



Sky Ride Local

Sky Ride Local rides are free, fun, guided bike rides that offer a great way of getting out and exploring the local area with friends and family. The rides are guided by friendly British Cycling Ride Leaders along scenic planned routes. With different levels, there's something for everyone – whether you're building your confidence or already comfortable on a bike and looking for a challenge.

There are three grades of ride:

- **Easy-going:** for all abilities and ages along relaxed, mostly traffic-free routes. They are up to six miles long, with a gentle pace of around six miles an hour.
- **Steady:** for the fairly confident cyclist, on mainly quiet roads. Rides are six to twenty miles, and about seven to ten miles an hour.
- **Challenging:** for the fairly fit and confident cyclist. Rides start at around twenty miles and are paced at between eleven and twelve miles an hour.

Rides in the East Riding start at North Dalton and Hedon on Sunday, 23 June and continue through the summer with the last ride from Pocklington on Sunday, 15 September. For more information about Sky Ride Local and other bike riding opportunities in the East Riding, visit www.goskyride.com/east-riding

Free local health checks

Health trainers in Bridlington, Withernsea, Goole and Beverley are helping people to take action on their own health in 2013. People who live within the East Riding, aged between 40 and 74, and not already diagnosed with heart disease, stroke, diabetes or kidney disease, can get a free health check.

The check takes about 30 minutes in a relaxing, stress-free environment with a friendly lifestyle advisor. First, a few simple questions and straightforward health tests check whether you are at risk of developing heart disease, stroke, type two diabetes or kidney disease. The health trainer will take you through a full health check including cholesterol and blood pressure testing.

Once the lifestyle advisor has completed the checks, they will talk you through how you can make healthy choices and give you help and support straight away. They can also signpost you to other local services that will be able to help provide further advice.

You can book a health check via email to healthtrainers@humber.nhs.uk, calling 0800 9177752 or by dropping in to a health trainer base at Bridlington, Goole or Withernsea. Leisure centres in Bridlington, Withernsea and Goole are also offering the free check.





Armed Forces Day

This free family event will take place on Sunday, 7 July in Beverley's Saturday Market Place from 9am-6pm, and celebrates our armed forces of the past, present and future.

The original UK Armed Forces Day took place on 27 June 2009, when it replaced Veterans' Day, which was first observed in 2006. The date was chosen as it marked the day after the anniversary of the first investiture ceremony for the Victoria Cross, held on 26 June 1857.

This year's event will feature an open-air concert at the end of the event, for the first time, and other local acts that will take to the stage and perform. The event will also see troops exercise their freedom rights, granted by East Riding of Yorkshire Council in 2010.

Busting health and safety myths

There is no shortage of stories about how 'elf and safety' has got in the way of events going ahead, stopping the efforts of local communities to get on and do things. But what is the reality of health and safety laws?

The Health and Safety Executive's website www.hse.gov.uk/myth/ includes Myth Buster Cases. These include:

- custard pie fight is cancelled
- village hall committee refuses to allow washing-up by hand and insist a dishwasher is used.

The site deals with a wide range of real cases by giving a response about how health and safety might, or might not, apply.

Community Payback

Ken Macleod, chairman of Allertorpe Parish Council, wrote with his appreciation for the sterling work carried out under the Community Payback scheme, which recently cleared the village hall car park of detritus, weeds, ivy and other overgrowth.

He said: "We are very grateful for our Community Partnership's help setting things up, as able and willing manpower is not readily available to parish councils. Having access to unpaid labour which is trained, equipped and supervised to carry out manual labour tasks is a great opportunity. We are already in the queue for two other jobs."

You and your family

The council is conducting a survey to help us improve our services that increase the life chances of children in the East Riding.

It is important that we know your views, as we need to design services around your needs. Please take part in our questionnaire at: www.eastriding.gov.uk/familysurvey

To thank you for filling in the questionnaire, you can enter into a prize draw to win High Street shopping vouchers - first prize £50, and two second prizes of £25.

Check on your neighbours

Humberside Fire and Rescue Service has repeated its call for communities to help protect the safety of elderly neighbours.

By spending ten minutes visiting an elderly neighbour, you could make a real difference to them. A few simple checks could keep them safe from fire, including:

- offer to check that their smoke alarm is working
- if they smoke, remind them not to smoke in bed.

If you are concerned about any of these issues, or for more information, contact Humberside Fire and Rescue on 0300 303 8242.



Recognising young volunteers

Four evening events in June and July will recognise the efforts of over 700 young people who, between them, have contributed 42,000 hours of volunteer time to local causes. The events have been organised by the East Riding Voluntary Action Service (ERVAS).

ERVAS plan to have helped to provide volunteering opportunities for over 2,000 young people by the end of 2013. For more information about this, or the awards evenings, contact Paul Hamlett on (01482) 871077 or email paul@ervas.org.uk

Summer in Withernsea

Withernsea Town Council has announced its programme of events for the summer, which include:

- 7 July - Withernsea Harriers - a five mile race and 3km fun run
- 20-21 July - Steam Rally
- 20-28 July - Withernsea Carnival
- 4 August - Seafood Festival
- 18 August - Summertime Special and Bike Fest

More information is available from their website www.withernseatowncouncil.co.uk

The council has also let us know about a planned Macmillan coffee morning at the Meridian Centre on Friday, 27 September from 10am - 12 noon.

Could technology help you do more?

Small community groups and charities are being encouraged to do more with digital, using a new 'Community How To' service. The website at www.communityhowto.com brings together top tools and tips in one place - grouping them under common activities like managing or evaluating projects, recruiting volunteers, fundraising, and profile-raising.

You can see what different tools do at a glance, and even see testimonials from other community organisations already putting them to good use. By registering on the site, visitors can add their own tools and case studies, leave comments, join discussions and ask for help from those who have been there and done it already.

Volunteers' week

Every year, over 20 million people across the UK volunteer, resulting in more than 100 million hours work in their communities every week. It has been estimated that the economic value of this activity is worth in excess of £40 billion to our economy. Services and initiatives that are vital to the running of our country simply wouldn't exist if it wasn't for volunteers.

As well as local initiatives this includes the NHS, the Coastguard Rescue Service (3,500 volunteers), the Mountain and Cave Rescue Service (3,500 volunteers in England and Wales), Natural England (2,200 volunteer wardens), the judiciary (30,000 volunteer magistrates in England and Wales) and the police (over 15,000 special constables).

Volunteers' Week, from 1-7 June, focused on saying 'thank you' to the millions of volunteers who regularly contribute to society and recognised the way that organisations celebrate the work of volunteers across the UK. The website www.volunteering.org.uk tells you how to find out more and how to look for a volunteering opportunity to suit you.

Honours Nominations

Perhaps you have someone in your community that you think deserves to be recognised? The Government would like to see more nominations for those who have made a difference to their communities through charitable work. You can read more at www.gov.uk/honours/overview

The Cabinet Office has published a new guide explaining how to nominate individuals for an honour, such as an MBE or OBE. You can download it from www.childrenandyoungpeople.org.uk/wp-content/uploads/2012/11/DotheHonours.pdf

Give us your news

Parish News is happy to receive comments from town and parish councils about the content and format of this newsletter – please feel free to get in touch and give us your opinions.

We welcome proposals for articles but cannot guarantee to print everything, as space is limited. If you would like to contribute to Parish News call **Coral Gladstone** on (01482) 391470.

Or email: community.partnerships@eastriding.gov.uk

